



Me...

Visual Story



A visual resource for children and adults with Autism, Asperger's, Sensory Processing Disorder and associated conditions.

This resource is intended to help prepare any visitors for a new experience and to help them to become familiar with the show, surroundings and situation.

Where is the show?

Me... is being performed at the Mercury Theatre in Colchester.



Entering the Theatre



You enter the theatre via the doors above. The doors are automatic and will open in towards the Box Office.

Box Office



When you enter the theatre, you will be able to see our Box Office desk. This is where you can collect your tickets, buy snacks and your programme. It can sometimes be busy at this desk, especially before a performance starts.

Café Bar



In the Café Bar you can purchase drinks, slushies, popcorn and snacks.

It may be very busy here before the performance starts, during the interval and at the end of the performance. If you would prefer a quieter area you can go to the breakout spaces in the upstairs bar or the Creative Engagement space.

Toilets

The main toilets are on the ground floor. The female toilets are located just outside the box office, and the male and accessible toilet are at the opposite side of the café bar.

If you have any issues finding these, please ask a member of our Customer Experience team who will be wearing Mercury branded t-shirts.

Upstairs Bar



The upstairs bar is located on the first floor and will be accessible throughout the show.

There is also a new accessible toilet in the upstairs bar area.

The upstairs bar will not be open so any drinks or snacks will need to be bought downstairs in the main café bar instead.

Studio



The show will be taking place in the Studio Theatre. When you arrive at the Studio Theatre doors, a member of our Customer Experience team will scan your ticket and direct you to your seat.

The Show

The show lasts for 40 minutes and does not have an interval.

There is one puppeteer and 4 penguin puppets in the show.

The show has recorded music and songs. Most of the voices and sounds are recorded but the voice of the baby penguin is performed by the puppeteer.

Synopsis

The world is a very big place, especially for a tiny baby penguin who is just finding her feet. The shimmering stars and glistening snow spin around our little hero, while the mountains tower high and the wind rushes to and fro. And although baby penguin may be small, her family know she's the biggest thing of all.

As we follow the baby penguin through the first steps of life we see her explore the world around her. Everything seems so big, and she is so small.

This early years favourite is a lovely and touching story about a parent and their love for their child by much loved children's author Emma Dodd.

Me...



Me... by Emma Dodd

- **Publisher:** Templar
- **ISBN-10:** 1848778147

Characters

As this is a puppetry show, the penguins are all puppets.



Baby Penguin



Mummy Penguin



Two older Penguins

The Show

In this section special alerts are written in blue ink.



When you enter the auditorium, the stage is lit and you can see the large mummy penguin puppet with an egg nestling between her feet. **When the show starts there is an announcement and the lights get darker and music plays. The puppeteer enters the stage and the puppet comes to life. The egg hatches and the baby penguin comes out.**

The baby penguin jumps and slides around the ice.

She hears the sound of other penguins who squawk and squeak. As she counts them the noise of other penguins gets louder.

The baby penguin conducts the other penguins as they squawk a song together. The penguins clap at the end of the song.





The older penguins come to play! They slide on the ice but when the baby penguin tries to do it she can't.

She hitches a ride on one of the big penguins back. She dances with the big penguin.

Eventually she has the confidence to slide for herself.



The older penguins swim in the sea.

We see bubbles trail behind them as they speed through the water.



The baby Penguin climbs the iceberg and stands on the edge before taking the plunge and jumping into the water.

She feels scared before she jumps in because it is so deep.

When the baby penguin first jumps in the water she sinks and can't swim. She struggles to swim and get to the surface.

One of the older penguins swims in and rescues the baby and helps her to swim on her own.



A storm begins to blow. You can hear the wind getting louder and snow blows across the stage. Music plays and the baby penguin is blown around as the sea gets rougher.

As it gets dark the baby penguin is buried in the snow.



The sun comes up and the baby penguin can hear mother calling.

She plays in the snow and has fun.

She tries to climb the ice bergs to get to her mummy but can't reach.

She is tired.

The lights get darker. The sun goes down and the moon comes up. The starslight up in the sky. They gently twinkle and sparkle.

The baby penguin looks at the stars and they gently flash.

The baby penguin hears her mummy calling again but she can't find her. She calls and calls and starts to panic as she realises she is lost.

We hear singing and then her mummy appears. She snuggles into her tummy and she is happy to see her.



Baby Penguin realises that even though she is small she is the most important thing in the world to her family.

The lights go out. This is the end of the show.



The lights come back on and the puppeteer brings the baby penguin puppet and they take a bow.

You can clap if you enjoyed the show.

The puppeteer walks the aisle of the theatre through the audience with the baby penguin puppet as she says goodbye.

This is the end of the show. We hope that you enjoyed it.